UNIVERSITÄT ZU KÖLN

MEDIZINISCHE FAKULTÄT

Personal experiences from teaching Last Aid Courses for medical students as a peer teacher at the University hospital of Cologne

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Agenda

1. Introduction
   My professional background

2. My journey



Introduction

Marc Nicolas Földes
Intern in Radiation Oncology at University Hospital, Cologne

- Many internships and doctoral thesis in palliative care
- In 2024: Medical student in the last year
- Practical year in Cologne, Radiation Oncology at University Hospital Cologne
- Opportunity to participate in Last Aid Course in my Last year
- Since 2025: Peer teaching Last Aid Courses

My journey

Visiting the Last Aid Course as a **Student** → First experiences as **Peer Teacher** → **Researching** and **Teaching**

- **Connection with young adults** about serious illness, death and dying
- Getting **useful, non medication based tools** to help seriously ill people
- **Exchanging experiences** with other medical students
- Seeing my expectations exceeded and **wanting to participate** in Last Aid Courses and Research concerning Last Aid

My journey

Visiting the Last Aid Course as a **Student** → First experiences as **Peer Teacher** → **Researching** and **Teaching**

- Becoming a **Course instructor** as a medical student, being paired with experienced instructors (Georg Bollig e.g.)
- **Seeing great interest coming from students** ranging from first to last semester
- Hearing **extremely different stories** from medical students coming from internships and personal experiences

My journey

Visiting the Last Aid Course as a **Student** → First experiences as **Peer Teacher** → **Researching** and **Teaching**

- Searching for a way to **lower the threshold for younger people** to get in touch with last aid
- **Recruiting Medical students** to build a concept to do so
- **Mara Kouker** is currently writing her **doctoral thesis** covering that topic